

Salad Bowls

\$95 / Serves 10
\$60 / Serves 5

*Add Chicken - \$35 serves 5 / \$70 serves 10

KALE CHICKEN SWEET POTATO GF

Roasted Chicken, Kale, Sweet Potato, Raw Sliced Almonds, Green Apple, Goat Cheese, Champagne Vinaigrette

CHICKEN QUINOA CAESAR GF

Roasted Chicken, Kale & Mixed Greens, Quinoa, Red Pepper, Tomatoes, Parmesan Cheese, Fresh Lemon Juice, Vegan Caesar Dressing

BLACK BEAN TACO GF/VG 🌱

Romaine & Mixed Greens, Chickpeas, Black Beans, Corn, Red Pepper, Avocado, White Cheddar Cheese, Pico de Gallo, Blue Tortilla Strips, Chipotle Dressing

GREEK GODDESS GF/VG

Romaine & Mixed Greens, Red Onions, Kalamata Olives, Tomatoes, Cucumbers, Red Pepper, Feta Cheese, Peppercorn, Greek Vinaigrette

COBB SALAD GF 🌱

Romaine & Mixed Greens, Avocado, Turkey Bacon, Egg, Corn, Tomatoes, Crumbled Blue Cheese, Jalapeño Cilantro Vinaigrette

Hot Power Bowls

\$110 / Serves 10
\$65 / Serves 5

*Add Chicken - \$35 serves 5 / \$70 serves 10

QUINOA EARTH BOWL GF

Roasted Chicken, Arugula, Quinoa, Tomatoes, Corn, Chickpeas, Broccoli & Cauliflower, White Cheddar Cheese, Pesto Dressing

SWEET PAPA BOWL GF

Roasted Chicken, Spinach, Wild Rice, Sweet Potatoes, Red Onions, Carrots, Pumpkin Seeds, Turkey Bacon, Balsamic Vinaigrette

** served with dressing on the side

Assorted Wrap Platter

\$90 / Small Platter- 5 whole wraps (15 pieces)
\$135 / Medium Platter- 8 whole wraps (24 pieces)
\$185 / Large Platter- 11 whole wraps (33 pieces)

GREEK CHICKEN AND HUMMUS

Roasted Chicken, Romaine, Cucumbers, Tomatoes, Hummus, Feta Cheese

HUMMUS & AVOCADO VE

Mixed Greens, Cucumbers, Tomatoes, Red Onions, Red Pepper, Carrots, Red Cabbage, Avocado, Hummus, Greek Vinaigrette

CHICKEN PESTO

Roasted Chicken, Mixed Greens, Red Onions, Carrots, Red Cabbage, Tomatoes, Pesto Dressing

FIESTA 🌱

Roasted Chicken, Mixed Greens, Black Beans, Carrots, Pico de Gallo, Blue Tortilla Strips, White Cheddar Cheese, Jalapeño Cilantro Vinaigrette

MARINATED SHRIMP AND MANGO

Marinated Shrimp, Mixed Greens, Carrots, Zucchini, Black Beans, Mango, Red Cabbage, Pico de Gallo, Avocado, Champagne Vinaigrette

Feed a crowd with fresh, wholesome food from Purlife Cafe. Whether you're feeding an office meeting, having a few friends over or serving a full buffet, we can create an order designed for your event, taste and budget!

VE - VEGAN VG - VEGETARIAN
GF - GLUTEN FREE SPICY - 🌶️

Fit & Fresh Platters

CHICKEN SALAD PLATTER - \$40

MEDITERRANEAN TUNA PLATTER - \$60

HUMMUS PLATTER - \$40

CRANBERRY WALNUT CHICKPEA SALAD - \$45

FRESH FRUIT SALAD - \$40

Hot Tortilla Roll Up Platters

(served with roasted tomato salsa)
\$45 / Serves 10 (20 pieces)

SPINACH

Spinach, Feta, Cream Cheese, Mushroom, Sun-dried Tomatoes pressed in a tortilla served with pico de gallo

CHICKEN

Organic Chicken, Sliced Romaine, Feta, Tomatoes, Grilled Onions pressed in a tortilla, served with pico de gallo

Sweets & Goodies

CHOCOLATE & ALMOND PROTEIN BITES

20 BITES - \$25

OATMEAL & ALMOND RAISIN BITES

20 BITES - \$25

Beverages

GALLON OF ICED TEA - \$15

WATER BY THE BOTTLE - \$1.50

MY ORGANIC JUICE - 10 FOR \$125

VEGAN & VEGETARIAN OPTIONS AVAILABLE

Catering Packages

Package One

\$225 (Serves 10-15)

Includes: Salad for 10, Small Wrap Platter, an order of protein balls, and choice of gallon of tea or water bottles.

Package Two

\$360 (Serves 15-20)

Includes: Two salads for 5, Medium wrap platter, choice of fresh fruit or hummus platter, assorted roll-up platter, 2 orders of protein balls, and choice of 2 gallons of iced tea or water bottles.

Package Three

\$575 (Serves 25-35)

Includes: Two salads for 10, Large wrap platter, assorted roll-up platter, hummus platter, fresh fruit platter, 2 orders of protein balls, and choice of 2 gallons of iced tea or water bottles.

Box Lunches

\$20 / Add chicken, Tofu or Shrimp to any salad, wrap or power bowl \$6 per person

- Choose a wrap, salad, or grain bowl (*Catering menu item only*)
- Choose a side salad, fruit cup, or cranberry walnut chickpea salad.
- Includes 2 chocolate protein balls.

Catering orders require 12 hour notice

PUR FOOD
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TOGETHER.
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COVERED!

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catering@purlife.cafe

20% OFF

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Limit one per customer

TWO LOCATIONS

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9 PLAZA REAL SOUTH
BOCA RATON
(561) 826-4300



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SALADS

AND MORE...!